

Impact of COVID-19 on young people: Rapid assessment in three states, May 2020

Bihar, Rajasthan and Uttar Pradesh



Survey of young people aged 15-24 years

Data collected from 801 respondents

271 boys
530 girls

Population Foundation of India (PFI) conducted a rapid assessment survey in May 2020 in three states – Bihar, Rajasthan and Uttar Pradesh – to understand the level of knowledge and attitudes of young people (15-24 years) towards COVID-19. Data was collected on how it has impacted their lives and mental health, and how they are coping with these challenges. The survey that collected responses from 801 respondents (271 boys and 530 girls), was purposive and was done telephonically using Collect, a mobile data collection platform, due to limitations of face-to-face interviews during the lockdown.



Awareness of COVID-19 (All respondents)

Area of enquiry	Bihar (n=184)	Rajasthan (n=362)	UP (n=254)	Total (n=801)
Young people are aware of at least 2 key symptoms (Fever/Cough/Breathing difficulty/ Body pain) (%)	92	90	85	89
Young people following frequent hand-washing (%)	100	99	100	99.75
Young people wearing mask while outside (%)	100	98	89	96
Young people following lockdown (Staying at home & maintaining social distance (%)	98	98	92	96
Young people utilized Frontline health workers as source of information for COVID-19 (%)	58	42	54	49
Young people used <i>Aarogya Setu</i> app as source of information for COVID-19 (%)	11	2	8	6
Young people experienced COVID-19 related symptoms (%)	0	11	0	5
Young people who said they will seek medical care from doctor/hospital in case of COVID-19 infection (%)	61	97	96	88
Young people who said they will follow self-isolation in case of COVID-19 infection (%)	84	95	92	91
Young people who said they will assist in contact tracing in case of COVID-19 infection (%)	91	97	87	92

*In this document, FP refers to Family Planning, FLW refers to Frontline Health Worker and IFA tablets mean Iron and Folic Acid tablets.



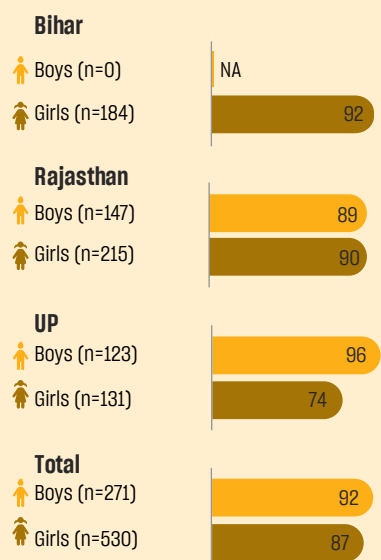
Impact and challenges of COVID-19 (All respondents)

Area of enquiry	Bihar (n=184)	Rajasthan (n=362)	UP (n=254)	Total (n=801)
Young people accepted increase in workload related to household and domestic chores (%)	26	35	63	42
Young people noticed increase in fights at home during lockdown (%)	23	33	10	23
Young people experienced depression due to lockdown (%)	23	20	26	22
Young people contacted health workers during lockdown (%)	59	52	86	65
Unmet need of sanitary pads among young females (%)	55 (n=177)	73 (n=215)	19 (n=98)	56 (n=490)
Young people (15-19 yrs) received IFA tablet (%)	30 (n=164)	4 (n=281)	66 (n=215)	31 (n=660)
Young people aware about the FP counselling being provided by FLWs (%)	61 (n=152)	46 (n=271)	70 (n=218)	58 (n=641)
Young people aware about the FP contraceptive distribution by FLWs (%)	43 (n=150)	5 (n=224)	47 (n=222)	30 (n=596)
Young people having access to information on mental health and emotional wellbeing (%)	54	45	71	55
Young people used any source for information on mental health and emotional wellbeing (%)	32	44	70	49
Young people who considered the support and information received on mental health and emotional wellbeing to be helpful (%)	36 (n=58)	85 (n=159)	54 (n=178)	64 (n=395)

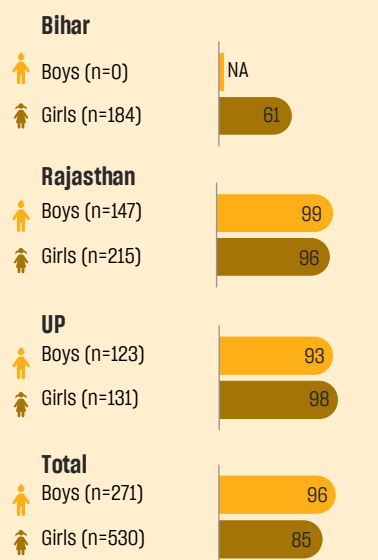


Awareness of COVID-19 (by Sex)

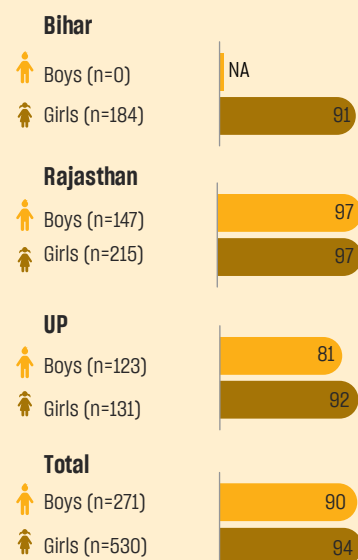
Young people aware of at least 2 key symptoms (Fever/Cough/Breathing difficulty/ Body pain) (%)



Young people who said they will seek medical care from doctor/hospital in case of COVID-19 infection (%)

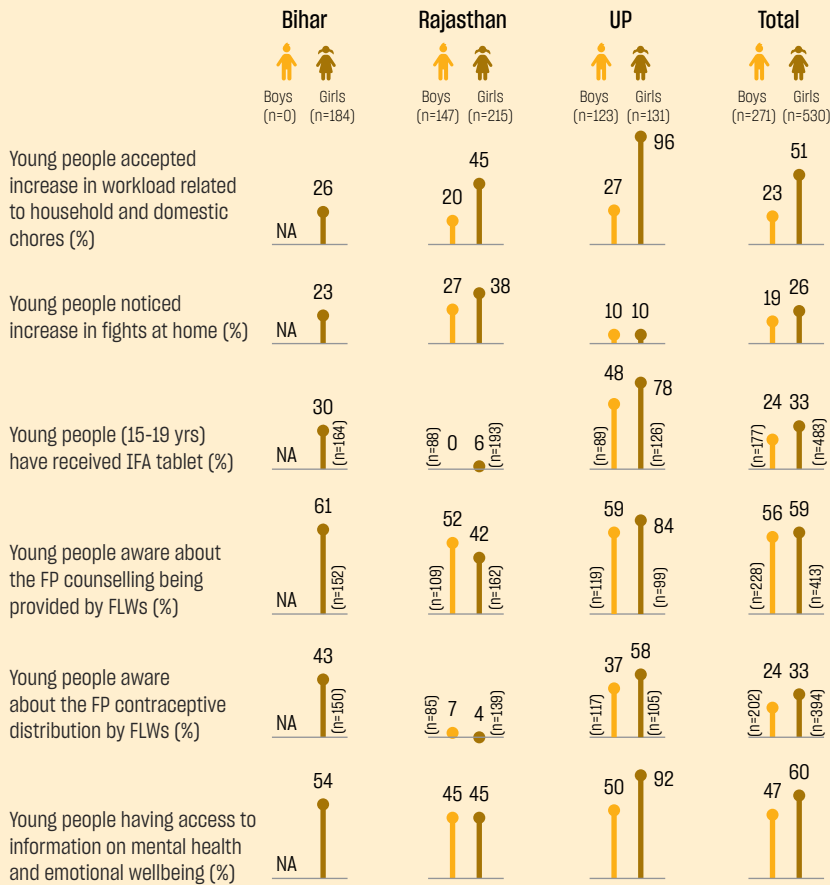


Young people who said they will assist in contact tracing in case of COVID-19 infection (%)

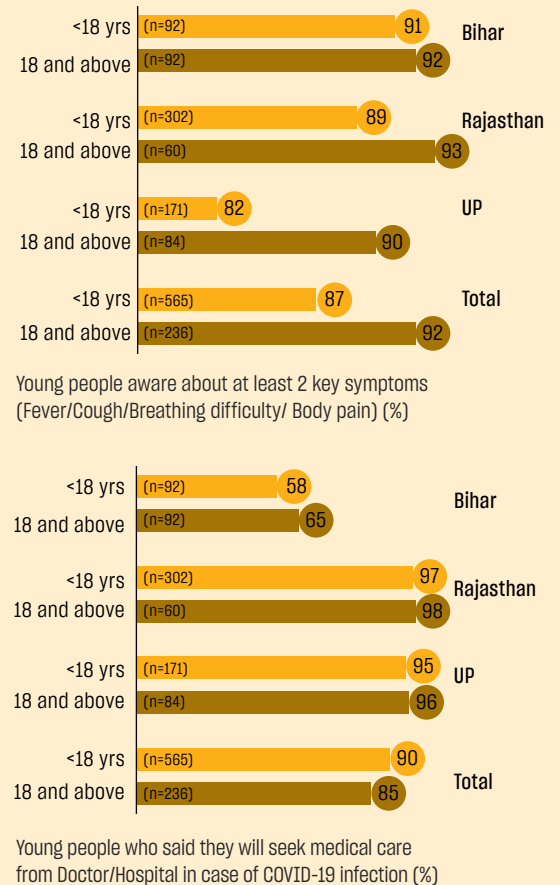




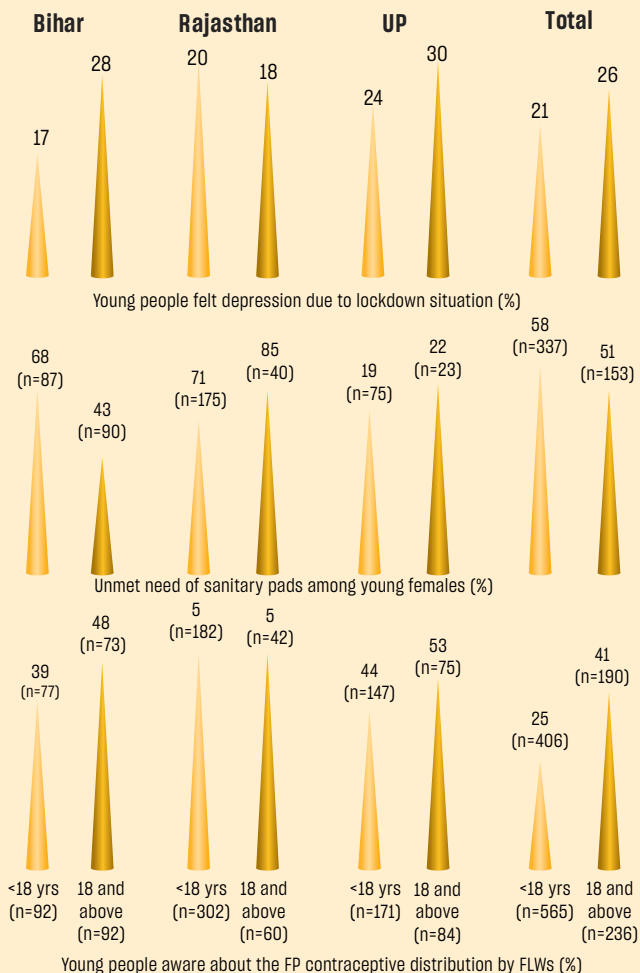
Impact and challenges of COVID-19 (by Sex)



Awareness of COVID-19 (by Age)



Impact and challenges of COVID-19 (by Age)

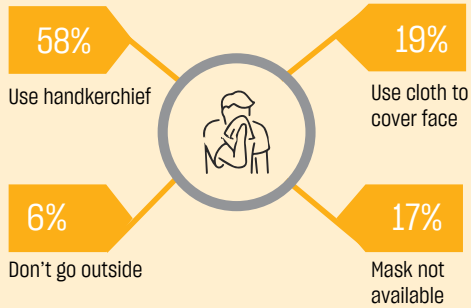


Source of COVID-19 related information among young people (%)

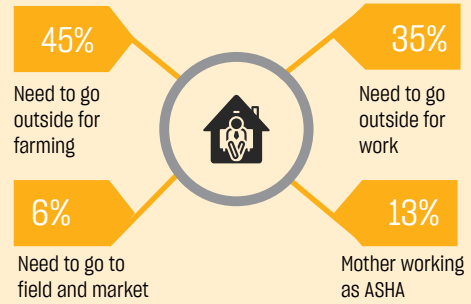
Information source	Bihar (n=184)	Rajasthan (n=362)	UP (n=254)	Total (n=801)
TV	48	84	37	61
FLWs	58	42	54	49
Press briefings	27	73	7	42
Whatsapp	25	37	21	30
Family members	28	37	17	29
Friends	3	26	26	21
Website	5	25	21	19
School information channel	1	23	0	11
Facebook	8	11	2	7
Arogya Setu	11	2	8	6
Any other source	5	8	1	5
Radio	8	3	3	4
Twitter	1	1	0	1
Nobody/ nowhere	1	1	1	1



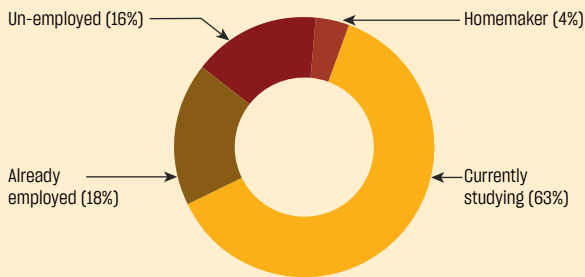
Major reasons for not wearing mask by young people (n=36)



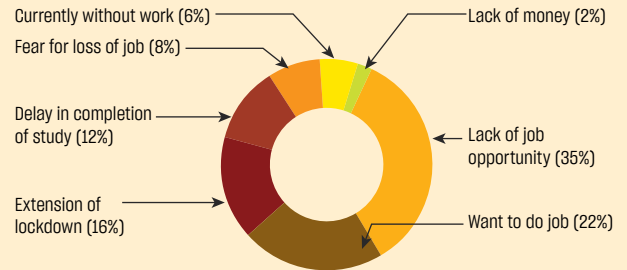
Major reasons for not following lockdown by young people (n=31)



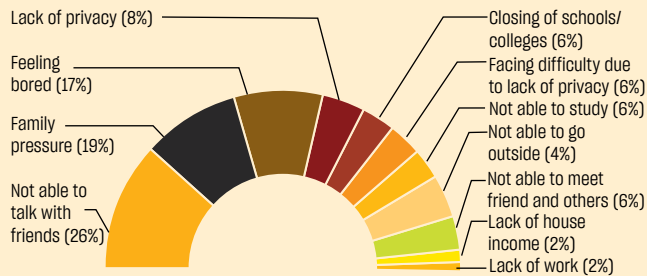
Occupation category of young people worrying about finding a decent job (n=51)



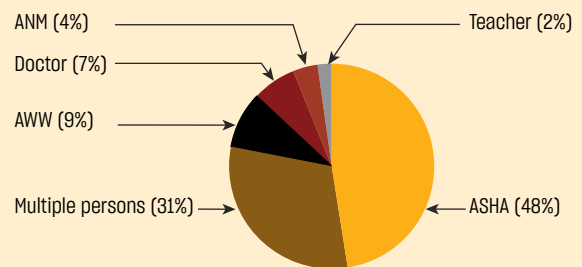
Major concerns for increase in worries among young people (n=51)



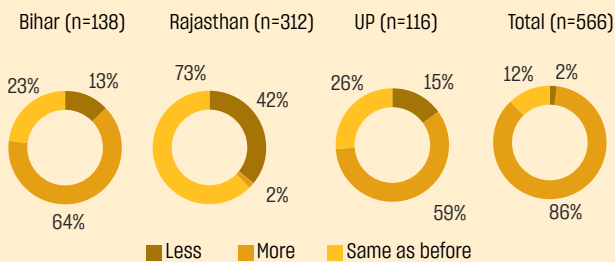
Major reasons for increase in irritation and frustration among young people (n=53)



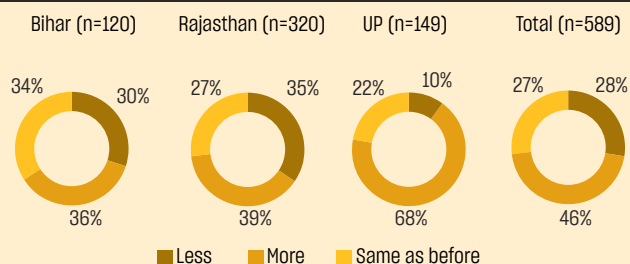
Health workers contacted by young people during lockdown (N=517)



Status of TV watching among young people (%)



Status of social media use among young people (%)



Different sources of information used by young people for mental health and emotional well being (%)

Information source	Bihar (n=58)	Rajasthan (n=159)	UP (n=178)	Total (n=395)
Face-to-face interaction with Healthcare provider	19	35	44	37
Friends	10	18	59	35
TV	48	31	30	33
Social media	36	25	25	27
Phone Helpline	17	35	1	17
Face-to-face interaction with Teacher	0	11	3	6
Any other	2	3	7	4
Comics and posters	12	0	1	2